

Courts and Ridges of Ashburn 2011 Pool Rules

General Rules

1. Residents and guests must comply with all lifeguard instructions.
2. Children under 12 years old must be accompanied by an adult or care provider at least 16 years of age.
3. Children are required to pass a swim test (see below).
4. NO glass containers or breakable objects.
5. NO food or drink except in designated areas.
6. NO wheeled vehicles except wheelchairs and strollers.
7. NO pets.
8. NO alcohol, drugs, smoking.
9. NO horseplay.
10. NO diving in shallow areas.
11. NO tape players, CD players or radios unless waterproof and used with personal headphones.
12. Flotation devices will be allowed at the discretion of the lifeguard.
13. Children under 3 years old must wear swim diapers. NO DISPOSABLE DIAPERS!
14. Residents are responsible for their guests.
15. Guest fees apply to children age 3 years and over.

Diving Board Rules

1. Children under the age of 12 must pass a yearly swim test before using the diving board.
2. No one is permitted in the diving well while others are diving.
3. Only one person is allowed on the diving board at a time.
4. Diving is permitted from the end of the diving board only.
5. Dive straight out from the diving board only.
6. Swim immediately out of the diving well after diving.
7. No hanging off the diving board.
8. Obey all lifeguard instructions when using the diving board.

Slide Rules

1. Children under the age of 12 must pass a swim test before using the slide.
2. Only one person at a time is allowed on the slide.
3. Wait until previous swimmer clears the area under the slide before going down.
4. Swimmers must go down feet first.
5. No horseplay on the slide stairs.

Children are required to pass a swim test

1. To ensure the safety of all our children at the pool a swim test policy is in place. All children under the age of 12 must pass a yearly swim test in order to swim anywhere in the main pool unaccompanied by an adult. Below is a summary of the swimming test.
2. For the swim test, a child must swim the length of the pool and then tread water for an additional 30 seconds after reaching the other side of the pool.
3. Children who are less than 40 inches in height and cannot pass the swim test MUST be accompanied in the main pool by an adult who is within arms reach of the child at all times. Any child under the height limit who is not accompanied by an adult will be instructed by the lifeguards to leave the pool.
4. Children who are less than 40 inches and HAVE passed the swim test may swim in the pool unaccompanied by an adult. These children will be given a bracelet every time they enter the pool area. It will be the parent's responsibility to pick up a bracelet from lifeguards each time they enter the pool area.
5. Children over 40 inches in height will not be required to pass a swim test to be unaccompanied in the pool, however they will not be allowed use the slide or diving board until they can pass the swim test.

POOL MEMBERSHIP MAY BE TEMPORARILY SUSPENDED OR REVOKED FOR FAILING TO COMPLY WITH THESE POOL RULES